

SENSE	TITLE	TIMING
	How do you start your day? Breakfast traditions around the world	 45 minutes

AUTHORS	KEY WORDS	LANGUAGE
Petra Lewalder	breakfast, tradition, world, different	English

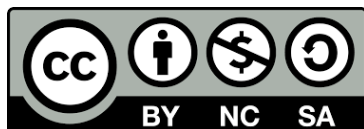
LEVEL	GROUP LEVEL	AGE
A2	Secondary Education (High School)	12-14

COMPETENCES			
•	Global	•	Oral Production
•	Oral Comprehension	•	Written Expression
•	Oral Expression	•	Written Comprehension

OBJECTIVES	
COMMUNICATIVE	• Presentation of a national breakfast tradition in group.
FUNCTIONAL	• Finding out about different best ways to start your day to get the most of it
CULTURAL	• Doing research and learning about different breakfast traditions worldwide

METHODOLOGY	• Work in groups • Internet research • Presentations
TECHNIQUES	• Work in groups • Read articles on the Internet to find facts • Planning and organizing presentations
RESOURCES	• Annex 1, 2, 3
ICT TOOL	• Internet for research; • Canva or other – if there is no live presentation of a breakfast table in class

DESCRIPTION OF ACTIVITIES		
Salad		Activity 1
	2'	The teacher gives a short introduction into the topic, hands out the surveys and sets the time for doing this for the students to start the survey right away. Alternatively, this can be done by mentimetre or kahoot as well. Hand out Annex 1
	13'	Students do the survey and give a short feedback to the plenum.
Main Dish		Activity 2
	20'	The teacher shows some photos of different breakfast tables worldwide and explains about what exactly the students have to research on the Internet (computers, iPads or phones) in groups of 2-3 people. The focus will be on typical breakfast foods, common drinks, cultural significance of breakfast in that country, differences in breakfast at weekends or during the week, table manners etc. In the end, the students have full knowledge of breakfast in their country. (See : Annex 2 – list of ideas for teachers)
	10'	Activity 3 Having done that, the students exactly plan, who will bring what for the next lesson (or alternatively for homework with a meeting at home) to set a table in class with the typical breakfast items, food and drink to take photos for their presentation and their article for the school magazine. Alternatively, the students may give a presentation of breakfast or lunch boxes worldwide, e.g. as an eTwinning activity).
Dessert	5'	Activity 4 The students give feedback about their plans for the activity and advertise their breakfast as the best in the world. Optional : At the same time, they already prepare questions for the « Milling around breakfast » activity after the presentations. (see Annex 3 : milling around breakfast)



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ANNEX 1

<u>Breakfast in our class</u>					
Names:					
Do you have breakfast before school?					
How much time do you have for breakfast?					
What do you usually have for breakfast?					
Do you take a second breakfast to school? If so, what do you take?					
Is there a difference between breakfast on week days or on Sunday?					
Is there anything else you want to say?					
Do you care for your health and well-being?					

ANNEX 2

Typical breakfast foods and drinks from countries
all over the world

Country	Typical Breakfast Food	Typical Breakfast Drink
United Kingdom	Full English Breakfast	Tea
France	Croissant	Café au Lait
Mexico	Chilaquiles	Café de Olla
Brazil	Pão de Queijo (cheese bread)	Coffee
Italy	Cornetto (Italian croissant)	Cappuccino
Japan	Tamagoyaki (Japanese omelette)	Miso Soup
India	Aloo Paratha (stuffed flatbread)	Masala Chai
China	Congee	Soy Milk
Germany	Brötchen (bread rolls)	Coffee
Spain	Tostada (toasted bread with toppings)	Café con Leche
Thailand	Jok (rice porridge)	Thai Iced Tea
Greece	Greek Yogurt with Honey	Greek Coffee
Turkey	Menemen (scrambled eggs with tomatoes and peppers)	Çay (Turkish tea)
Russia	Blini (pancakes)	Kvass
Egypt	Foul Medames (fava beans)	Hibiscus Tea
South Africa	Pap (maize porridge)	Rooibos Tea
Vietnam	Bánh Mì (Vietnamese sandwich)	Vietnamese Iced Coffee
Argentina	Medialunas (croissants)	Mate
Sweden	Knäckebröd (crispbread)	Coffee
Peru	Pan con Chicharrón (pork sandwich)	Chicha Morada
Australia	Vegemite on Toast	Flat White

ANNEX 3

Excuse me, may I ask you a question?
Hello, I'm ... and I would like to ask a
question... Do you ...? Did you ...? Are you ...?
Were you ...? Can you ...? Would you like to ...?
Have you ...? Thank you very much.

Task: Walk around. Spot a partner, stop to introduce yourself and have some small talk to get to know your partner a bit with the help of this worksheet. Take notes. Change partners and proceed as before.

... usually eats the following food for breakfast:	... eats these vegetables on a regular basis / quite often:	... likes these toppings on a pizza:	... shows the following bodily reactions when hungry:
...	...	...	...
... hates these kinds of food:	... has eaten these strange dishes or food:	... thinks that the following dishes are the most popular in his/ her country:	... thinks that you can find the best food in these countries:
...	...	...	...
... eats fast food ☐ every day ☐ every week ☐ once a month ☐ once a year ☐ never ☐ ...	... can cook the following dishes or meals:	... eats the following dish for Christmas or any other religious holiday:	does not like to eat the following:
...	...	...	...
... puts the following food into the daily lunch box:	... enjoys the following drinks:	... likes to eat the following things for dessert:	... likes the following ice cream flavours best:
...	...	...	...

More questions I would like to ask

• ...